



Dames Point Animal Hospital
8321 Dames Point Crossing Blvd
Jacksonville, FL 32277
904-744-2699

Is Your Pet A Senior?

If your pet is age 7 or older, s/he is now considered a senior! We recognize how important your senior pet family members are to you and would like to keep them happy and healthy as long as possible. Statistically, 1 out of 5 dogs and 1 out of 4 cats has an underlying condition that cannot be diagnosed with a physical exam alone. The gradual onset of disease in seemingly healthy pets will often go unnoticed. Many times, the symptoms you may perceive as normal aging are actually signs that something may be wrong. Once symptoms do appear, the condition may be difficult and costly to treat and diagnose. This is why an Early Detection Program is so vital to your pet's quality of life. This program includes a comprehensive physical exam, laboratory tests your veterinarian can use to diagnose blood disorders, kidney and liver disease, diabetes, infection, thyroid disease and other hormonal problems. Many of these conditions can be prevented, controlled or reversed if diagnosed early.

By taking a moment to fill out this Senior Wellness Checklist, you will be able to help assess your pet's current condition. If you answer "yes" to 5 or more questions in checklist below, contact us to schedule an appointment.

Senior Wellness Exam Checklist

Pet Name : _____

Date: _____ Age: _____

Disorientation	
Appears lost, confused or disoriented?	() Yes () No
Seems alert/aware?	() Yes () No
Excessive barking or meowing?	() Yes () No
Recognizes familiar people?	() Yes () No
Responds to verbal cues/name?	() Yes () No
Less interaction / responsiveness with family?	() Yes () No
Activity and Sleep	
Tolerates activity well?	() Yes () No
Decrease in activity?	() Yes () No
Change in daily routines?	() Yes () No
Runs/jumps less frequently?	() Yes () No
Stiffness when getting up?	() Yes () No
Walks stiffly or limps?	() Yes () No
Difficulty climbing stairs?	() Yes () No
Change in sleeping patterns?	() Yes () No
House Training / Elimination Changes	
Change in urine production / frequency?	() Yes () No
Urinate inappropriately (indicate # per week)	() Yes () No
Defecates inappropriately (indicate # per week)	() Yes () No
Constipated/Straining?	() Yes () No
Overall Condition	
Changes in vision or hearing?	() Yes () No
Change in attitude (irritability)?	() Yes () No
Lethargic or depressed?	() Yes () No
Solicits less attention?	() Yes () No
Bad breath/drooling?	() Yes () No
Change in appetite?	() Yes () No
Change in water consumption?	() Yes () No
Vomiting/Diarrhea?	() Yes () No
Weight gain/loss?	() Yes () No
Excessive panting?	() Yes () No
Breathing heavily/rapidly at rest?	() Yes () No
Skin and haircoat changes? Seems itchy?	() Yes () No
Lumps + Bumps?	() Yes () No
Tremors & Shaking?	() Yes () No

Is Your Pet a Senior?

Age	Pet's Weight (In Pounds)			
	0-20	21-50	51-90	>90
5	36	37	40	42
6	40	42	45	49
7	44	47	50	56
8	48	51	55	64
9	52	56	61	71
10	56	60	66	78
11	60	65	72	86
12	64	69	77	93
13	68	74	82	101
14	72	78	88	108
15	76	83	93	115
16	80	87	99	123
17	84	92	104	
18	88	96	109	
19	92	101	115	
20	96	105	120	

Relative Age of Your Pet in "Human Years"

Adult
 Senior
 Geriatric

For the continued health of your senior pet we recommend a Comprehensive Physical Exam including laboratory tests every 6 months. Pet's age 5 – 7 times faster than humans. If a pet is seen by its veterinarian once a year, that's equivalent to you being seen once every seven years by your doctor.